

## Starting Out

### My Project Goals for This 4-H Year



The beginning of the 4-H year is a good time to begin thinking about what you would like to do or learn in 4-H during the upcoming months. List some of your goals for the year and what plans you have to accomplish your goals. Be sure to talk to your leader and parents to decide which goals are realistic to try and possible to finish this year.

**During each year in the 4-H Food and Nutrition project area, members should choose a minimum of three goals to pursue.** Suggestions are listed in the Appendix on page 24. Write your choices below. Don't be afraid to challenge yourself! Of course, you may aim to reach more goals. For now, write your goals below and your plan for reaching each goal. If the items on the list have all been accomplished, develop some of your own. Be sure to get the needed signatures on the next page!

My Goals for This Year	What I Need To Do To Reach This Goal:
<i>Example: I will learn how to give a public presentation</i>	1. Attend county public presentation workshop 2. Have my leader and parents help me pick a topic 3. Practice my presentation 4. Give a presentation at a club meeting.
1.	
2.	
3.	

*\*\*If you would like to set more goals, please add another page. \*\**