

The three most important things I learned

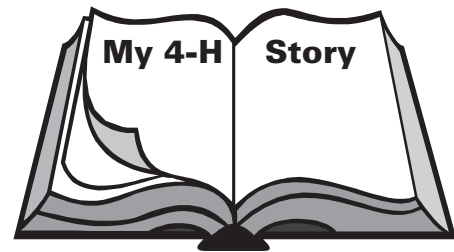


Even if you learned a lot of different things in 4-H, think of what was the most important for you. Then, list the three most important things you learned in clothing and textiles during the past year in the boxes below. For instance, I learned to hem a pair of pants, I learned how to use the sewing machine, and I learned how to speak in front of a group without being afraid.

The three most important things I learned in this project during the past year were...
1.
2.
3.

Telling my story

Keeping in mind the knowledge and skills you said you learned from the items you listed above, write a story that explains what you have gained this past year in 4-H. Use specific examples that are unique to you whenever possible. Feel free to relate what you have learned in 4-H to school, family, or other activities in your life. Use extra pages if needed. Attach photos or clippings on additional pages of this book if it helps tell your story better. Don't forget to label them with captions if you do.



(Continue 4-H story on next page)