



### Leadership for Life Program Overview

New Jersey 4-H members in grades 9-11 who are members in good standing are invited to participate in a multi-level leadership program called the *Leadership for Life Program*.

Adopted from Ireland's youth development program Foróige, the *Leadership for Life Program* is based on theories and principles of youth work, leadership development and leadership styles.

Offered in four sequential modules, this program is aimed at equipping young people to explore their vision and passion and to develop such key skills as: planning, decision making, critical thinking, goal setting, and problem solving.

Modules 1 and 2 consists of 15 hours of educational workshops with topics serving as a bridge from one level to the next. Module 3 consists of planning and implementing a community based service project. Modules 1, 2 and 3 will be offered within this 4-H year (2018-2019) and the Advanced Module will be available in Summer 2020 or possibly in 2019. The availability of the 2019 Leadership for Life Conference will be based on a few things including the number of applicants completing the requirements.

Members must complete Modules 1 and 2 before they are eligible to apply to complete Module 3 and the Advanced Module which is a 9-day travel experience to the Foróige Leadership for Life Conference at the University of Ireland in Maynooth, Ireland.

### Overview of the Leadership for Life Program Curriculum

Each module addresses various aspects of leadership and personal development.

**Module 1** enables participants to explore what leadership is and the type of leaders they would like to be. The module focuses on core leadership skills such as communication, problem solving, self-awareness, values and action planning.

**Module 2** enables participants to work with others to achieve a leadership goal. The module focuses on how leadership can have a positive impact on society by tackling both local and global issues. Module 2 also focuses on research skills, conflict resolution, critical thinking and exploring leadership styles.

**Module 3** enables participants to put into practice their learning from previous modules by actively engaging in a community action project of their choice, keeping a learning journal of their experiences, and presenting a portfolio upon completion. 4-H members completing module 3 will plan and conduct a service project independently or as a group in consultation with the NJ Leadership for Life Program Coordinators. It is required that Module 3 is completed prior to applying to attend the Foroige Leadership for Life Conference for the Advanced Leadership Module.

**Advanced Leadership Module** enables participants to build and improve the skills already learned in Modules 1-3, while also working on public speaking and facilitation skills. They will also have an opportunity to identify and deeply explore issues and cultures that affect youth and society. Participants must be between the ages of 15-18 at the time of the conference to attend.

The *Leadership for Life Program* will be offered on the following dates during 2018-2019:

| Module                     | Program Dates                                                                                                                                                                                                                                                                                             | Registration Cost and Registration/Application Due Date                                                                                                                                                                                                                           |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Module 1                   | January 19-20, 2019<br><br>9:00-5:00 pm each day                                                                                                                                                                                                                                                          | \$65 includes training materials and supplies<br><br><b>Registration Due December 22, 2018</b>                                                                                                                                                                                    |
| Module 2                   | February 9-10, 2019<br><br>9:00-5:00 pm each day                                                                                                                                                                                                                                                          | \$65 includes training materials and supplies<br><br><b>Registration due January 15, 2019</b>                                                                                                                                                                                     |
| Module 3                   | This module is completed independently or as a group project in consultation with the NJ 4-H L4L Program Coordinators. 4-H member must complete their community service project before applying for the Advanced Leadership Module. There will be 2-3 required face-to-face meetings throughout Module 3. | \$35 includes program materials<br><br><b>Registration due March 1, 2019.</b><br><br><b>Project must be completed by October 1, 2019 for the 2020 Conference and June 1, 2019 for possible 2019 Conference</b>                                                                    |
| Advanced Leadership Module | July 26-August 3, 2019<br>University of Ireland at Maynooth<br><br>July 24-August 1, 2020<br>University of Ireland at Maynooth<br><br><i>TENTATIVE DATES</i>                                                                                                                                              | Cost to be determined<br><br><b>Applications due February 6, 2019 for the 2019 Conference.</b> The availability of this conference will be based on the number of applicants completing the requirements.<br><br><b>Applications due December 1, 2019 for the 2020 Conference</b> |

**Module 1 and 2 Facilitator Bio:**

Ciaran Porter grew up in County Donegal, Ireland and works for the Irish Immigration Center in Upper Darby, PA. He is a trained facilitator in the *Leadership for Life* curriculum and works with Philadelphia area youth in a new Foróige club.

Questions about the *Leadership for Life Program* can be directed to Camden County 4-H Agent Sharon Kinsey at 856-216-7130 x 2 or [Kinsey@aesop.rutgers.edu](mailto:Kinsey@aesop.rutgers.edu) or Jeannette Rea Keywood at 609-827-0199 or [reakeywood@njaes.rutgers.edu](mailto:reakeywood@njaes.rutgers.edu) **2018-19 Leadership for Life Program**

# Leadership for Life – Module 1 REGISTRATION FORM

Mail registration form, youth permission form and payment to:  
Camden County 4-H Office, 1301 Park Boulevard, Cherry Hill, NJ 08002

(Make checks payable to *Camden County 4-H*)

Module 1 registration due by **December 22, 2018**

Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent Cell \_\_\_\_\_

Name of Parent/Guardian  
\_\_\_\_\_

Current Grade (2018-19 school year) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Current Age \_\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_

Address \_\_\_\_\_  
(Street) (Town) (Zip)

Youth Email \_\_\_\_\_ Parent Email \_\_\_\_\_

Number of Years in 4-H \_\_\_\_\_ Project Areas \_\_\_\_\_

Club Name(s) \_\_\_\_\_

What service project areas are you interested in getting involved in?

\_\_\_\_\_  
\_\_\_\_\_

Please note any special dietary needs for snacks/lunch \_\_\_\_\_

## **Required Signatures:**

4-H Member Signature \_\_\_\_\_ Date \_\_\_\_\_

4-H Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_